

## Continuing Education (CE) Credits FAQ

### 1. What are Continuing Education (CE) credits?

CE credits are required by many professional licensing boards to help professionals maintain their licenses or certifications. CEs ensure ongoing learning and development within a field.

### 2. How do I know which CE credits apply to me?

There are various types of CE credits. On the Wellbeing for LA Learning Center, each activity lists if CEs are available and what CE type is offered. If you're unsure whether a credit applies to your license or certification, we recommend checking with your state licensing board to confirm eligibility.

### 3. How do I earn CE credits?

To earn CE credit for an activity, you must:

- Complete the activity in full
- Submit the general post-survey
- Pass a knowledge check (If required)
- Complete the CE survey
- Download your certificate

### 4. Where can I ask my question about CEs?

We are happy to answer any questions you have. Please email us at [support@wellbeing4la.org](mailto:support@wellbeing4la.org).