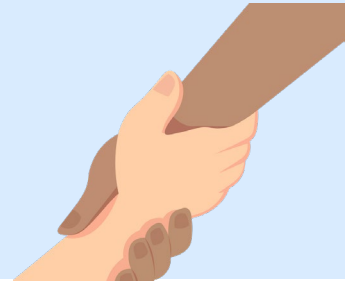


Pregnancy and Infant/Child Loss Retreats



NON-RELIGIOUS AFFILIATED

Return to Zero Hope:

- Website: <https://rtzhope.org/retreat/>
- Location: Northern California
- From the Website: Our women's holistic retreats create a safe place for bereaved mothers who have experienced any type of pregnancy and infant loss, including termination for medical reasons, to nurture yourself, connect with your loss experience, and discover a community of people who have walked the same steps you have—those with whom you can begin your healing journey.

Faith's Lodge:

- Website: <https://faithslodge.org/child-loss-retreats/>
- Location: Wisconsin
- From the Website: For up to 8 families/couples at a time, we provide a serene stop along the way in the Northwoods of Wisconsin to get away from day-to-day life and honor their child. As the first dedicated retreat facility, Faith's Lodge was created to be a safe haven for grieving families to reflect, explore and just be with people going through a similar experience. Here, you are free to share stories, talk, cry and yes, even laugh.

Selah House and Carefarm:

- Website: <https://www.missfoundation.org/selah-carefarm/>
- Location: Sedona, Arizona
- From the Website: The Selah Carefarm is a very special place on 20 acres of beautiful farmland where bereaved family members can come to both give and receive connection, compassion, and understanding. All the animals on the Carefarm have been rescued from abuse, neglect, torture, or homelessness. Our grieving families know what it means to suffer, and so do these animals. Please note our counselors and guides are only able to see traumatically bereaved people. This includes people who have lost a child at any age by any cause, as well those who have lost their primary loved one to murder, suicide, prolonged illness and other catastrophic deaths. The Selah Carefarm is a therapeutic space for those experiencing traumatic grief. The Carefarm is an evidence-based therapeutic community for people to receive counseling and participate in remembrance rituals, connect with others (humans and non-humans) who have suffered loss, and find space for their grief in a safe natural environment.



Beyond Proof Retreat:

- Website: <https://www.beyondproof.com/beyond-proof-retreats/>
- Location: Sedona, Arizona
- From the Website: There is no loss greater than the death of a child, and Angie knows this grief firsthand. The darkness of the pain, loss, and grief has the potential to drown you in its wake if allowed. This retreat will offer realness and intimacy that no online program can offer. Angie has created an intimate space in beautiful Sedona, where she is inviting 10 mothers who have lost a child to death, who desire to find the tools to move beyond grief. These tools and resources will provide a community, and a path towards healing and reconnection that will continue long after the retreat concludes.

Camp Sol:

- Website: <https://www.childrens.com/patient-families/parent-resources/spiritual-care-and-education/bereavement-care-program/camp-sol>
- Location: Meridian, Texas
- From the Website: The Camp Sol family retreat weekend encourages families to connect with other grieving families and heal together through their shared experiences. The retreat also provides support groups and specific programming for children, parents, and the family, as well as traditional camp activities to facilitate family bonding. Camp Sol utilizes the experiences of parents who have experienced the death of a child, along with the expertise and support of child life specialists, music therapists, psychologists, nurses, physicians, chaplains, social workers, play therapists, and community grief support representatives to assist grieving families. Camp Sol is specifically for families who have experienced the death of a child and have remaining siblings in the family.

Hayden's House:

- Website: <https://www.haydenshouse.org/>
- Location: Several areas across the country
- From the Website: The mission behind Hayden's House of Healing is to provide a safe, tranquil space for bereaved mothers, fathers, couples, children and families to heal and connect together through a variety of methods and activities offered to assist in the healing process. Has several retreats available for women only, couples only, men only, mothers/daughters, and religious/non-religious.

Luella's Lodge:

- Website: <https://www.luellaslodge.org/>
- Location: Oakwood, Illinois
- From the Website: Luella's Lodge utilizes a beautiful log cabin on 10 peaceful and serene acres with a private lake and hiking & biking trails to provide a retreat where families can connect with one another through grief and healing. During the weekend-long stays for up to five families, we plan to provide programming that includes group sessions led by a bereaved parent and overseen by a counselor, group meals, yoga sessions, massage therapy, arts & crafts and outdoor activities such as hiking, kayaking, fishing and bird watching. Offers specific retreats for couples, mothers, dads, or grieving families throughout the year.

A Memory Grows:

- Website: <https://amemorygrows.org/retreats/>
- Location: Granbury, Texas
- From the Website: Retreats presented by A Memory Grows connects parents who have experienced similar losses. Special retreats offered include Fentanyl Loss Retreat, Suicide Loss Retreat, April Older Child Loss Retreat, Sept Older Child Loss Retreat, and October Infant Loss Retreat. In the time shared during the retreats our children are celebrated and the relationship that we continue to share with them is nourished. Time is also intentionally set aside for rest, relaxation, and reflection. Parents are free to choose as many activities to participate in or as few. We understand that sometimes time away is simply what is needed. A Licensed Professional Counselor will be leading a group session on grief that is highly encouraged for all parents to participate in.

RELIGIOUS AFFILIATED RETREATS

Rachels Vineyard:

- Website: <https://www.rachelsvineyard.org/>
- Location: Over 375 locations
- From the Website: Rachel's Vineyard is a safe place to renew, rebuild and redeem hearts broken by abortion. They offer you a supportive, confidential, and non-judgmental environment where women and men can express, release and reconcile painful post-abortive emotions to begin the process of restoration, renewal and healing. The retreat is a non-denominational, interfaith environment offering Biblical principles and perspectives for restoration.

Hope Mommies:

- Website: <https://hopemommies.org/weekend-retreats/>
- Location: Texas
- From the Website: Our Annual Retreat is a unique gathering of Hope Moms from all seasons in life, whether just beginning their grief journey, or many years closer to their Hope Baby and Heaven. Our weekends are spent in sharing our stories, worshiping the Lord together and listening to Biblical teaching as we look to God's word to illuminate our sorrows and point us to Jesus, the only hope we have for healing and Heaven.

Grieving Parents Sharing Hope:

- Website: <https://www.gpshope.org/gps-hope/>
- Location: Several locations, including an annual cruise
- From the Website: Come join us for a relaxing and meaningful time with others who get it. At Grieving Parents Sharing Hope (GPS Hope) we know there will never be a time when we are “over it”, and our grief is behind us. But we can take intentional steps toward a greater measure of healing, allowing us to live life with hope, light and purpose again, not in spite of our child’s death, but because we want to find a way to live that honors his or her life. Join GPS Hope founders Dave and Laura Diehl, for a weekend retreat or our annual 7-day cruise, where you will be encouraged to take off your masks, be yourself in your grief, and share your children and your journey together.

Haven of Hope:

- Website: <https://www.haven-of-hope.com/retreat/>
- Location: Round Top, Texas
- From the Website: Our retreat is designed to bring together mothers from all walks of life that have suffered the death of a child regardless of that child’s age or circumstances, pointing them to our hope in Jesus Christ. No matter where you are in your grief journey, we would love for you to join us for a weekend filled with encouragement, good food, and the comfort of new friends that understand.

Healing Hope Ministries:

- Website: <https://www.healinghopes.com/>
- Location: Aurora, Nebraska and Alcester, South Dakota
- From the Website: This weekend’s retreat is about creating a safe space for grieving mothers to connect and heal on levels only other bereaved mothers can relate to. It will allow you the time and space to share openly about your child, provide you with tools and resources to help you continue your grief journey, and equip you with an amazing community of women to walk alongside you on this journey.

Also offers a single family/couples retreat: We welcome ONE family at a time who is grieving the loss of a child, grandchild or sibling to come stay for a 2–3-night Retreat. A place away from all distractions, allowing you time to reflect and learn how to navigate this journey you find yourselves on. We believe that a retreat experience is one piece in helping families express their deep grief and learn more about grief in general. We will walk through a workbook personalized to suit your family and spend time together discussing certain topics. We will equip you with tools and resources to help you grieve in a healthy way. The facilitators will walk alongside families, not as counselors, but as peers that have been on a similar journey.

