

About this Offering

Training Details

- Title of activity: Mental Health and the Menstrual Cycle
- Credit amount: 1.0
- Launch date: September 15, 2026
- Credits available: *AMA PRA Category 1 Credit™*, AAPA, APA, ANCC, ASWB, ABIM-MOC II, ABP-MOC

Receiving Credit

To obtain a CME/CE certificate, participants must enroll in the offering. Participants must attend the webinar or course in full, take the evaluation, and then pass the knowledge check. Once these requirements have been met a CE certificate will be available for download.

Accreditation

Joint Accreditation Statement



to provide continuing education for the healthcare team.

In support of improving patient care, UCLA-UCSF ACEs Aware Family Resilience Network (UCAAN) is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC),

American Academy of Physician Associates (AAPA)



UCLA-UCSF ACEs Aware Family Resilience Network (UCAAN) has been authorized by the American Academy of Physician Associates (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 1.0 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

American Psychological Association (APA)



UCLA Division of Population Behavioral Health is approved by the American Psychological Association to sponsor continuing education for psychologists. UCLA Division of Population Behavioral Health maintains responsibility for this program and its content.

Association of Social Work Boards (ASWB)



As a Jointly Accredited Organization, UCLA-UCSF ACEs Aware Family Resilience Network (UCAAN) is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course receive 1.0 general continuing education credit.

American Board of Internal Medicine Maintenance of Certification (ABIM-MOC II)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 1.0 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Board of Pediatrics Maintenance of Certification (ABP-MOC)

Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn up to 1.0 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.

Interprofessional Continuing Education (IPCE)



This activity was planned by and for the healthcare team, and learners will receive 1.0 Interprofessional Continuing Education (IPCE) credit for learning and change.

Disclosures

Disclosure of Conflicts of Interest

UCLA-UCSF ACEs Aware Family Resilience Network (UCAAN) requires faculty, planners, and others in control of educational content to disclose all their financial relationships with ineligible companies. All identified conflicts of interest (COI) are thoroughly vetted and mitigated according to UCAAN policy. UCAAN is committed to providing its learners with high quality accredited continuing education activities and

related materials that promote improvements or quality in healthcare and not a specific proprietary business interest of an ineligible company.

Faculty and Planners have nothing to disclose.

Faculty

- Emily Dossett, MD, MTS - Medical Director, PROMISE Perinatal Psychiatry Access Line; Director, Reproductive Mental Health Consultants, Inc.; Associate Clinical Professor, Depts of Psychiatry and of Obstetrics / Gynecology, USC Keck School of Medicine

Planners

- Claudia Avalos-Garcia, LMFT - Clinical Trainer, UCLA Child & Youth Behavioral Health Center of Excellence
- Lauren Marlotte, PsyD, ABPP - Director of Learning and Development, UCLA Child & Youth Behavioral Health Center of Excellence